

My Heart Soars

by Chief Dan George

The beauty of the trees,
the softness of the air,
the fragrance of the grass,
speaks to me.

The summit of the mountain,
the thunder of the sky,
the rhythm of the sea,
speaks to me.

The faintness of the stars,
the freshness of the morning,
the dew drop on the flower,
speaks to me.

The strength of fire,
the taste of salmon,
the trail of the sun,
and the life that never goes away,
They speak to me.

And my heart soars.

My Heart Glows

by Ethan Day

The beauty of nature,
The softness of a puppy,
The fragrance of fresh rain,
speaks to me.

The light of the sun,
The movement of trees in the wind,
The glow of the moon,
speaks to me.

The strength of an ant,
The taste of strawberries,
The sound of thunder,
and the life that benefits us all,
They speak to me.

And my heart glows.