



“Thanks to Insulin I Got to Take Control of my Life...”

The following video question guide for *Thanks to Insulin...* includes an assortment of recommended questions along with the related timestamps. Alternative options are offered for some questions to engage learners in a different manner.

Time Stamp	Discussion Point/Question	Alternative Question(s)	Teacher Prompt(s)
1:50	Why would doctors believe that Vincent had type 2 Diabetes?	<ul style="list-style-type: none"> - What are symptoms of type 2 diabetes? <ul style="list-style-type: none"> - Note: Defining “symptoms” may be necessary 	<ul style="list-style-type: none"> - Discuss symptoms of diabetes - Note Vincent’s age
2:27	Vincent over-prepared prior to his trip to France. Why do you think that is? <ul style="list-style-type: none"> - Has there ever been a time you’ve over-prepared for something? 		<ul style="list-style-type: none"> - People who over-prepare for situations tend to be uncertain or worried
3:11	Vincent has described his diet prior to his diagnosis. Do you think his diet and lifestyle will change as a result of his diagnosis?	<ul style="list-style-type: none"> - What challenges may Vincent or others like him face with a diagnosis later in life? 	<ul style="list-style-type: none"> - Insulin can allow people to live very “regular” lives. Vincent took his diagnosis as an opportunity.
3:15	What concerns about his lifestyle may Vincent have?		
4:34	Vincent says the introduction of diabetes and insulin into his life are the best things to happen to him. Why do you think that is?	What is the significance of insulin to Vincent?	<ul style="list-style-type: none"> - Similar to above, Vincent took his diagnosis as an opportunity to better his lifestyle.



7:33	If Vincent had the opportunity to speak to Dr. Banting, what do you believe he might say?		- If needed, use descriptors like thankful, grateful, etc.
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