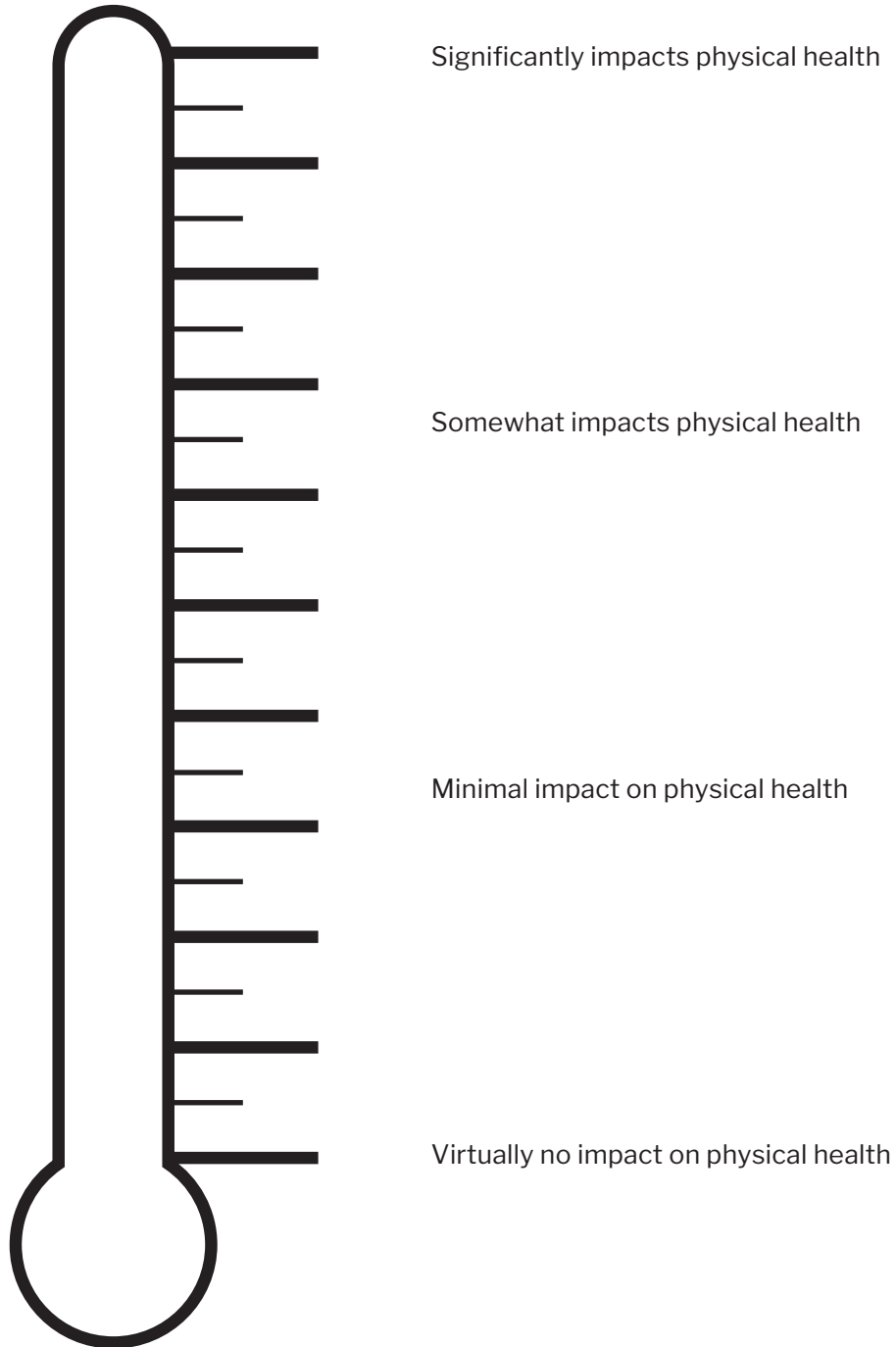


## Comparing the effects of diabetes



## Diabetes Backgrounder

### What is diabetes?

When a person has high levels of blood sugar in their urine. Blood sugar (also called blood glucose) levels may be high if your pancreas is producing little or no insulin (type 1 diabetes), or if the body is not responding normally to insulin (type 2 diabetes).

### Treatments for Diabetes:

Send them to <https://www.webmd.com/diabetes/guide/understanding-diabetes-detection-treatment>

SYMPTOMS	TREATMENTS	COMPLICATIONS

# Assessing the impact of personal life circumstances on health and comorbidity

Name: \_\_\_\_\_ Age when diagnosed with diabetes: \_\_\_\_\_

Gender: \_\_\_\_\_ Decade in which they lived: \_\_\_\_\_

<b>FACTORS</b> <i>(??)</i>	<b>EVIDENCE</b> <i>(what the personal account said)</i>	<b>INFERENCE</b> <i>(what the evidence suggests)</i>	<b>IMPACT ON OVERALL HEALTH</b>
<b>Opportunities to engage in physical activity</b> <i>(to maintain a healthy weight)</i>			
<b>Access to a healthy diet</b> <i>(to control weight and sugar levels)</i>			
<b>Access to quality health care</b>			
<b>Adequate sleep</b>			
<b>Low stress</b>			

## Conclusion:

1. The personal circumstances of \_\_\_\_\_ which include:

- 
- 
- 
- 

**helped/ hindered** their ability to live a reasonably healthy life with diabetes.  
*(circle one)*

I believe this because:

- 
- 
- 

2. Two important changes in their personal circumstance that would help to limit the impact of diabetes on their health would be:

- a)
- b)