

7 Sentence Story Structure: Thoughtbook

Select 7 key events or developments that will help capture important moments along the road to the discovery of insulin and actions or reactions that reveal the essential attributes of a ground-breaking scientist. Decide which section of your story each best fit to help build a compelling story. On the lines of the Thoughtbook jot down key information, events or ideas that will be helpful in developing your descriptor, caption, or script. In the box, sketch ideas for how the images might be used in developing your story.

CRITERIA FOR SIGNIFICANT EVENTS OR DEVELOPMENTS:

- Added important research
- Added useful resources (people, equipment, money)
- Removed a barrier to success
- Broadened the scope of their research and work
- Provided insights with ethical implications

[Read more about the 7 Sentence Story Structure on the Defining Moments Canada website.](#)

SENTENCE 1: AT THE BEGINNING

- Introduce your main character and establish the context for the story. Be sure your audience knows enough of the essential background of the story for it to make sense to them.
 - Where is it taking place? What is the timeframe?
 - Who is your story about?
 - What is the nature of the issue or challenge that frames they story?

SENTENCE 2: A DAY IN THE LIFE...

- Tell your audience what life was like in the world of your story. By establishing this, your audience will be able to appreciate how dramatic events could impact and affect people in the story.



SENTENCE 3: AND THEN ONE DAY...

- Identify and explain the event or development that led the central character(s) to seek a solution or act to resolve a challenge.
 - Major event can be thought of as an inciting incident.
 - It is the pivotal event that launches your story.



SENTENCE 4: BECAUSE OF THIS...

- Describe the actions taken by the main character(s) in pursuit of their goal
- Main part of the story that reveals how the character attempts to overcome the challenge
 - How does your character decide what to try?
 - What information do they acquire that shapes their decisions?

SENTENCE 5: NOT ONLY, BUT ALSO...

- Within the story reveal your character's personality through how they deal with struggles and obstacles
 - What obstacles does your main character encounter? How do they overcome those challenges? Do they fail in their attempts? How do they change as a result?

SENTENCE 6: MOMENT OF TRUTH...

- Ensure your audience appreciates the challenge your character(s) faced and how their success or failures shaped their character.

SENTENCE 7: AND EVER SINCE THAT DAY...

- In the final section of your story make clear how the actions of the main character(s) shaped their life and the lives of others.

Attributes Evidence Chart

As you and your partner review the information on your assigned Insulin Discovery Card and the artifacts in the related Image Collection, record any details in the evidence column that show any of the attributes of a ground-breaking scientist listed below.

ATTRIBUTES	EVIDENCE
Curious	
Perseverant	
Innovative	
Knowledgeable	
Collaborative	
Open-minded	
Risk Taker	
Humble	
Resilient	
Flexible	
Future oriented	
Ethical	
Selfless	
Kind	
Big-picture thinker	
Socially aware	
Data-driven	
Culturally-sensitive	
Confident	
Reflective (self-aware)	